

# Curriculum Vitae

REV. DR. SAHAYA G. SELVAM

## PERSONAL INFORMATION

<b>Personal Status</b>	Catholic Priest with the Salesians of Don Bosco - Eastern Africa
<b>Residence:</b>	DBYES, Box 2 Karen, 00502 Nairobi, Kenya; <a href="mailto:selvamsdb@gmail.com">selvamsdb@gmail.com</a>
<b>Academic Contact:</b>	<a href="mailto:selvam@miuc.ac.ke">selvam@miuc.ac.ke</a>
<b>Faculty Ranking:</b>	Associate Professor (since 2015)
<b>Personal Website</b>	<a href="http://www.sahayaselvam.org">www.sahayaselvam.org</a>
<b>ORCID</b>	<a href="https://orcid.org/0000-0002-1958-0805">https://orcid.org/0000-0002-1958-0805</a>
<b>Web of Science ID</b>	AAC-4383-2020.
<b>Fluency in Languages</b>	English, Tamil, Swahili

## ACADEMIC QUALIFICATIONS

Sep 2009 to July 2012	Doctor of Philosophy (PhD-Psychology), Heythrop College, University of London, UK. <i>Topic: Character strengths as mediators in a mindfulness-based intervention for recovery from addictive behaviour: A study in psychology of religion and positive psychology (Defended without correction).</i>
Sept 2008 to Sep 2009	Master of Arts (MA-Psychology of Religion), Heythrop College, University of London, UK <i>Topic: Ubiquity of character strengths of positive psychology in African traditional religions. (Passed with Distinction).</i>
Aug 1992 to Mar 1996	Bachelor of Arts (BA-Religious Studies), Tangaza College, The Catholic University of Eastern Africa, Nairobi, Kenya. <i>(Passed with First Class Honours).</i>
May 1990 to Nov 1992	Bachelor of Arts (BA) in Sociology (External) - Osmania University, Hyderabad, India.
June 1987 to Mar 1989	Master of Arts (MA) in Philosophy, Satya Nilayam, Madras, India. <i>Specialization: Philosophy of Religion.</i>
May 1985 to Jun 1987	Bachelor of Philosophy (BPh Degree from Salesian Pontifical University, Rome), Jnanodaya Salesian College, Yercaud, India.

## OTHER RELEVANT TRAININGS

14 Sept – 22 Nov 2020	Value Centred Leadership – Level II (Online). The Hay Project, DePaul University, Chicago, U.S.A.
20 to 25 Jan 2020	Pedagogical Leadership in Africa Training (6 full-days) offered by Partnership for African Social and Governance Research (PASGR), Whitesands Hotel, Dar es Salaam, Tanzania.
05 to 08 Nov 2019	Research and Capacity Development in Doctoral Supervision in Africa. Face-to-Face Workshop. CREST, Stellenbosch University, South Africa.
01 Oct 2018–12 Feb 2019	DIES/CREST Online Training Course for Supervisors of Doctoral Candidates at African Universities. Stellenbosch University, South Africa.

1-4 July 2018	Summer Course: Faith, Science and Human Flourishing. Faraday Institute, Cambridge University, UK.
2 Apr – 10 June 2018	Value Centred Leadership (Online). The Hay Project, DePaul University, Chicago, U.S.A.
15-28 June 2017	Training in Griffiths III – Child Development Assessment Scale. By Association for Research in Infant and Child Development (UK). Held at Nairobi. ( <i>Now Registered User of Griffiths III – Reg. no. 1564</i> ).
19-20 Aug 2013	Research Skills Training, School of Business & Economics, Kenya Methodist University, Nairobi.
7-20 Mar 2012	Residential Course in Spiritual Accompaniment – Level 2; Loyola Hall, Jesuit Spirituality Centre, Rainhill, UK.
20-24 Feb 2012	Methodological Approaches to Researching Religion Prof. Gordon Lynch, University of Kent, UK.
20 Jan 2012	Workshop on Action Research. Heythrop College, University of London, UK.
Sept – Dec 2011	Training in Qualitative Research: Qualitative data analysis, Interviewing, Nvivo (2 full days). University of Surrey, Guildford, UK.
15-24 Feb 2010	Residential Course in Spiritual Accompaniment – Level 1 Loyola Hall, Jesuit Spirituality Centre, Rainhill, UK.
Sept 2009– Dec 2010	Training in Quantitative Research in Psychology: Research Methods, Statistics & SPSS (Three modules through three terms) Heythrop College, University of London, UK.
19-23 April 2010	Training in Narrative Therapy – Level 1 (5 days) London Metropolitan University & Institute of Narrative Therapy, UK.
6-10 Jan. 2003	Residential Training in <i>Life at Crossroads: Life Skills for Character Development</i> , by New Life World, at Don Bosco College, Moshi, Tanzania.
19-23 Aug. 2002	Residential Training in <i>Stepping Stones – A Package on HIV/AIDS, Communication &amp; Relationship Skills</i> , Don Bosco College, Moshi, Tanzania.
Nov. 1994	Residential Training in Pastoral Care of the Sick (5 days), Medical Dept., The Kenya Catholic Secretariat, Nairobi, Kenya.
May-June 1989	Computer Programming & Applications, St. Bede's Computer Academy, Madras, India.

## **CURRENT ENGAGEMENTS**

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Oct 2021 to date	Principal Investigator, Research Project - Secularisation among Lapsed-Christian Young Adults in Nairobi: An Empirical Study of the Trajectories and Dynamics. Funded (\$10,000) by Don Bosco Mission, Bonn, Germany.
February 2021 to date	Research Associate, Marist International University College, Karen, Nairobi.

Aug 2021 to date	Programme Coordinator – Don Bosco Youth Educational Services (DBYES), Nairobi. Programmes currently running: Pedagogue.21; Christian Psychospiritual Therapy Techniques; Psychological Services to Schools; and DONUM-Don Bosco Ujiniue Microcredits – giving small loans to youth. (250 hrs/pa)
July 2020 to date	Member of International Team, Uniservitate's Spirituality and Research Team of Service Learning, Centro Latinoamericano de Apredizaje y Servicio Solidario, Buenos Aires, Argentina. <a href="https://www.uniservitate.org/what-is-uniservitate/">https://www.uniservitate.org/what-is-uniservitate/</a> (25 hrs/pa)
1 Mar 2021 to date	Consultant with Real Consultancies – M&E of Spiritual Formation Programmes of the Association of Catholic Women Religious Orders – Uganda and Zimbabwe. Three-year project funded by Porticus. (10 hrs/pa)
Jan 2020 to date	Founding Chair, Positive Psychology Association of Kenya. <a href="https://positivepsychologykenya.org/">https://positivepsychologykenya.org/</a>
Aug 2014 to date	Member, Committee of Catholic Scholarship Programme for East Africa (Funded by Porticus), Nairobi. Besides educational funding the Scholarship offers value-based leadership mentorship. (25 hrs/pa)
August 2019 to date	Member, Board of Trustees, Lugha Ishara. (An NGO working with families that have children who are deaf, teaching them Kenya Sign Language)
August 2017 to date	Psychospiritual Support, Break Margins Africa – An NGO working with sexual minority community. (25 hrs/pa)

## **ACADEMIC EXPERIENCES AND POSITIONS HELD**

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Apr 2017 to Aug 2020	Deputy Vice-Chancellor (Designate) – Academic and Student Affairs, Tangaza University College, Catholic University of Eastern Africa, Nairobi.
Oct 2012 to April 2017	Graduate Programmes' Coordinator (MA in Counselling Psychology & MEd in Guidance & Counselling), Institute of Youth Studies, Tangaza University College, Catholic University of Eastern Africa, Kenya. Chair, Post-Graduate Committee, Tangaza University College. Visiting Lecturer (Psychology of Religion; Phenomenology of Religion), Catholic University of Eastern Africa – main campus.
Sep 2010 – May 2011	Tutorial Assistant, Heythrop College, University of London, UK. (Tutored a course in Positive Psychology for UG students).
Mar 2010 to Mar 2013	Research Associate (Visiting Position), SGDP, Institute of Psychiatry, King's College, London.
Nov 2004	Lecturer, PGD programme in Educational Guidance & Youth Counselling, Institute of Youth Ministry – Tangaza College, Nairobi.
Aug – Dec 2004	Visiting Lecturer, Consolata Institute of Philosophy, Nairobi.
Aug. 2003 to May 2004	Academic Advisor – Institute of Youth Ministry (IYM), Tangaza College, Catholic University of Eastern Africa, Nairobi, Kenya. (During this period also the IYM-Faculty representative to the Academic Board; and the Representative of the Academic Board to the Finance Committee of Tangaza College.)
Aug 2002 to May 2003	Member of the <i>ad hoc</i> committee for curriculum-development for the Institute of Youth Ministry, Tangaza College, Nairobi.

- Aug. 1999 – May 2003 Academic Dean, Don Bosco College, Moshi, Tanzania. An Affiliate College of Catholic University of Eastern Africa, (CUEA), Nairobi. (Taught: Methods of Study, Philosophy of Nature, Philosophy of Science, Comparative Religion & Philosophy of Religion.)
- Jan-May 1999 Worked at developing a curriculum for a three-year programme in philosophy and youth studies for Don Bosco College, Moshi, Tanzania. And on affiliation to Catholic University of Eastern Africa.
- 1993, 1994, 1997 Visiting Lecturer in Philosophy, (Three months each, every year), Don Bosco College, Moshi, Tanzania.
- Aug 1993 Worked at developing a curriculum for a two-year programme in philosophy and religion for Don Bosco Major Seminary, Moshi, Tanzania
- June 1992 – Aug 1992 Visiting Lecturer in Philosophy, Sacred Heart Seminary, Chennai, India. (Taught: Indian Philosophy, Philosophy of Science).
- June 1990 – Apr.1992 Lecturer in Philosophy, Jnanodaya Salesian College, Yercaud, India. (Taught: Methods of Study, Indian Philosophy, Philosophy of Science).
- June 1989 – Apr.1990 Teacher in English & Science, Don Bosco Matriculation School, Tanjore, India.

## OTHER WORK EXPERIENCES

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- Aug. 2003 to Aug 2008 Coordinator of Don Bosco Youth Ministry – Kenya, Tanzania, Uganda & Sudan, while being Provincial Councillor, Salesians of Don Bosco – Province of Eastern Africa. Developed and implemented a life skills/character development training programme – Chuo cha Maisha is Swahili, and Scaffoldings in English.
- Sept 2003 – Sept 2004 Moderator for the Participative Strategic Planning (PSP) process in 27 Don Bosco institutions in Kenya, Tanzania, Uganda & Sudan, on behalf of Don Bosco Development Office – Nairobi, trained and financed by DMOS-COMIDE, Belgium.
- Aug. 2000 to 2008 Founder Patron of Bosco Reach Out – Peer Ministry Youth Group, Moshi, Tanzania. Founder Patron of Don Bosco Youth for Youth & Chuo Cha Maisha – Dar es Salaam. These groups have trained over 3000 youth in character development/life-skills.
- May 1999 to date Facilitator for *Train the Trainer for Youth Development* – Kenya, Sudan, Uganda and Tanzania. Trained over 5000 youth ministers.

## PUBLICATIONS

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### BOOKS

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- Selvam, S.G. (2019). *Pastoral psychology for Africa: A guide for practice*. Nairobi: Paulines Africa.
- Selvam, S.G. (2017). *Empirical research: A study guide*. Nairobi: Paulines Africa.
- Selvam, S.G., & Watt, D. (2014) (Eds.) *Youth in Africa: Challenges and prospects*. Nairobi: Acton Press.
- Selvam, S.G. (2011). *Jesus experience: The core of Christian life journey*. Mumbai: St Paul publications.
- Selvam, S. G. (2008). *Scaffoldings: Training young people in Christian life skills*. Nairobi: Paulines Africa.
- Selvam, S.G. (2006). *Beyond the Ordinary*. Nairobi: Paulines Africa.

Kyomo, A. & Selvam, S.G. (2004). (Eds.) *Marriage and family in African Christianity*. Nairobi: Acton Press.

Selvam, S.G. (2002). *Simama imara* (Youth Workers' Manual in Swahili). Nairobi: Paulines Africa.

#### **PEER-REVIEWED ARTICLES**

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Selvam, S.G. (2019). "Moulding his human personality": Personality change and formation to priesthood in the Catholic Church. *Journal of Spiritual Formation and Soul Care*, 12(2) 232–245. DOI: 10.1177/1939790919827269

Selvam, S.G., & Munyiva, L. (2018). Benefits of Good Shepherd Catechesis among children with intellectual disabilities in Kenya. *Journal of Religious Education*, 66(3), 225-234. DOI: 10.1007/s40839-018-0069-5

Pierli, F., & Selvam, S. (2017). Understanding and Studying Social Transformation in Africa. *African Journal of Social Transformation*, 1(1), 1-12.

Selvam, S. G. (2015). Positive psychology's character strengths in addiction-spirituality research: A qualitative systematic literature review. *The Qualitative Report*, 20(4), 375-404.

Selvam, S.G. (2015). Character strengths in the context of Christian contemplative practice facilitating recovery from alcohol misuse: Two case studies. *The Journal of Spirituality in Mental Health*, 17(3), 190-211. DOI: 10.1080/19349637.2015.1053302.

Selvam, S.G. (2013). Towards religious spirituality: A multidimensional matrix of religion and spirituality. *Journal for the Study of Religions and Ideologies*, 12(36), 129-152.

Selvam, S.G. (2013). The unnamed companion on the road: Spiritual accompaniment in the context of youth ministry. *The Journal of Youth Ministry*, 11(4), 41-55.

Selvam, S.G., & Poulson, M. (2012). Now and hereafter: The psychology of hope from the perspective of religion. *Journal of Dharma*, 37(4), 393-410.

Selvam, S.G. (2008). Capabilities approach to youth rights in East Africa, *International Journal of Human Rights*, 12(2), 205–214. (Following this publication, I have also acted as a peer-reviewer for this journal.)

Selvam, S.G. (1994). Ethics in the use of computers. *Jnanodaya Journal of Philosophy*, 3, 31-38.

Selvam, S.G., & Alexander, J. (1992). Psychedelics and mysticism. *Jnanodaya Journal of Philosophy*, 1.

Selvam, S.G. (1992). Gabriel Marcel's concept of disponibility. *Jnanodaya Journal of Philosophy*, 1.

#### **BOOK-CHAPTERS**

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Selvam, S.G. & Kiema, B. (In Press). Educating to the Spirit of Fratelli Tutti through Service Learning: An African perspective. In A. Pregalli (eds.), *Service Learning and the Teachings of the Church*. Buenos Aires: CLAYSS.

Litsalia, A. S., S.Selvam, S.G., & Pete, J. (2022). University Preparedness for Online Teaching and Learning Amid COVID–19 in Kenya. In E. Sengupta & P. Blessinger (eds), *New student literacies amid COVID-19: International case studies* (pp.83-100). Bingley, UK: Emeralds Publishing.

Selvam, S.G., Kiige, J., & Soko, J. (2021). Conceptualising and measuring hospitality in relation to wellbeing in Kenya: Is Hospitality a Character Strength? In L. Schutte, T. Guse, T., & M. Wissing (eds.), *Embracing well-being in diverse African contexts: Research perspectives*. Heidelberg: Springer.

- Selvam, S.G. (2021). Learning to Live Together: Achieving the Spirit of Fratelli Tutti through Service Learning. In J. P. Doss, S. Fernando, & M.C. Antonysamy (eds.), *Pathways to Fraternity Educating the Young in the Light of 'Fratelli Tutti'* (pp.167-179). New Delhi: All India Don Bosco Education Society.
- Selvam, S.G. (2021). Motivation for Social Transformation through Spirituality in Service-Learning In Mónica Sosa Caballero et al (ed.) *1st Global Symposium Uniservitate: October 29th-30th, 2020 – Conference Proceedings* (pp.78-82). Buenos Aires: CLAYSS.
- Selvam, S.G. (2021). Ethics of HIV/AIDS and religion in Africa: A Systematic Literature Review. In V. Päiväsalo, A. Ahmad, M. Stenlund, & G. Zachariah (eds.), *Faith-Based Health Justice: Transforming Agendas of Faith Communities* (pp.225-237). Minneapolis, MN: Fortress Press.
- Selvam, S.G., & Litsalia, A. S. (2019). Systematic Literature Review to promoting effective use of E-resources in institutions of higher learning in Kenya. In T. Kwanya, J. Kiplang'at, & D. Njiraine (eds.), *Digital technologies for Information and knowledge management* (pp.177-182). Nairobi: Technical University of Kenya.
- Churu, B.E., & Selvam, S.G. (2018). Young adults' awareness and commitment to use character strengths: An examination of university students in Nairobi. In P. Aneesh Kumar, T.S. George, & N.T. Sudesh, *Character strength development* (pp.337-352). New Delhi: Sage Publications.
- Selvam, S.G. (2018). Defining youth: Pastoral implications for Africa. In G. Caramazza & E. Gibson, *Young people, the faith and vocational discernment* (pp.9-28). Nairobi: Institute of Youth Studies.
- Selvam, S.G. (2018). The goal of accompaniment of youth: A psychospiritual perspective. In J.P. Doss & S. Fernando, *Prophets with Wings: Accompanying the Young in Today's India* (pp.305-319). New Delhi: Don Bosco Publications.
- Eze,C., Selvam, S.G., Adibo, J., Selepe, M., & Ramaboea, M.R. (2017). Policy and challenges of contextualization for school-based counselling in countries in Eastern and Southern Africa. In J. Carey, B. Harris Sang Min Lee, & O. Aluede (eds.), *International Handbook for Policy Research in School-Based Counseling* (pp.255-278). Heidelberg: Springer. DOI: 10.1007/978-3-319-58179-8\_17
- Selvam, S.G. (2016). The role of religion in the reviewing of the Tanzanian Constitution. In Kochalumchuvattil, T. (ed.), *Essays on contemporary issues in African Philosophy* (pp.223-236). Tanzania: Inter-philosophicum publications/Bangaluru: Asian Trading Corporation.
- Selvam, S.G. (2015). The methodology of Indian education: An autoethnographic assessment. In J. P. Doss, S. Fernando, & M. C. Antonysamy (eds.), *Empowering education in today's India* (pp. 203-222). New Delhi: Don Bosco Youth Animation - South Asia.
- Selvam, S.G. (2015). Pastoral care of the family in the light of sound psychology. In G. Caramazza and B. Churu (eds.), *African family today* (pp.120-137). Nairobi: Paulines Publication.
- Selvam, S.G. (2014). Influence of family on youth's relationship with God: A systematic review of psychology literature. In S. Fernando & J. Pudumai Doss (eds.), *Youth and family in today's India* (pp.65-80). Chennai: Don Bosco Publications.
- Selvam, S.G., & Mwangi, D. (2014). Meditation and contemplative practice among young adults in Nairobi. In S.G. Selvam, & D. Watt (eds.), *African youth today: Challenges and prospects* (pp.67-85). Nairobi: Acton Press.
- Selvam, S.G., & Collicutt, J. (2013). The ubiquity of the character strengths in African traditional religion: A thematic analysis. In H.H. Knoop, & A. Delle Fave (eds.), *Well-being and cultures: A positive psychology perspective* (pp. 83-102). Heidelberg: Springer.

- Selvam, S.G. (2011). Psychology of religion: Insights for education in India. In J. Pudumai et al. (eds.), *Education of the young in today's India* (pp.139-165). Chennai: Don Bosco Publications.
- Selvam, S.G. (2008). Christianity and life skills training of youth: Towards HIV prevention in Africa. In B. Simon (ed.), *Society and Church in African Christianity* (pp. 192-210). Neuendettelsau, Germany: Erlanger Verlag/Makumira Publications.
- Selvam, S.G. (2006). Walking with the young: A theology of youth ministry in Africa. In R. Mchami, & B. Simon (eds.), *Church ministry in African Christianity* (pp. 65-80). Nairobi: Acton Press.
- Selvam, S.G. (2004). Preparing young people for marriage in Africa. In A. Kyomo, & S.G. Selvam, (eds.) *Marriage and family in African Christianity* (pp.217-227). Nairobi: Acton Press.

#### **NON-ACADEMIC ARTICLES/NEWSPAPER COLUMNS**

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Selvam, S.G. (2013 - to date). Regular Contributions to *Sunday Nation*, Kenya

Selvam, S.G. (2008). Taize: A New Way of Being Church, *New People*, 116, 31-33.

Selvam, S. G. (2004-2007). A series of articles in Kiswahili on Youth Ministry in *Mlezi Magazine*. Peramiho, Tanzania.

#### **PRODUCTIONS**

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Selvam, S.G. (2016). Towards the Beyond: Six Visualised Reflections on Classical Christian Themes (DVD). Chennai: Don Bosco Institute of Communication Arts.

Selvam, S. G. (2011). Jesus Prayer: Learn to meditate in 7 Steps (Audio CD). Nairobi: BEAMS Productions.

Selvam, S. G. & Dionis, P. (2007). Uhai Tele – Fifty 30-minute segments (25 hours) of Radio Programme on Youth Spirituality in Swahili.

Selvam, S.G. (2006). River Me: A Journey in Self-Discovery (DVD) Nairobi: BEAMS Productions. Script and Voice-over by Selvam. Now adopted in Swahili & Tamil.

#### **PRODUCTS REGISTERED WITH KENYA COPYRIGHTS BOARD**

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21 Oct 2020	Pedagogue.21: Training Programme in Teaching and Learning in the 21 <sup>st</sup> Century. KECOBO – RZ09510
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13 April 2015	Scaffoldings: Training in Christian Life Skills. LT-12482
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#### **ENGAGEMENT IN COMMUNITY SERVICE**

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April 2017 to Jan 2020	Member, Board of Trustees, TAG International Kenya. (A NGO working with youth through sports and life-coaching and character development). <a href="http://www.tagae.com/main.php">http://www.tagae.com/main.php</a>
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May 2015 to Jan2020	Time of Mercy Project. Offering partial financial support to students at Higher Education. Supported by friends in Hong Kong, Germany, & UK.
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April 2014 to date	Quiet Day (God in City) - Founding and Co-ordinating. Monthly full-day event open to Christians of all traditions practicing Christian Mindfulness.
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Aug 2013 to date	Psychology and Spirituality Study Group. Founding and Co-ordinating. – Tangaza University College. Monthly lecture series.
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Aug 2011 to date	Blogging at <a href="http://www.sahayaselvam.org">www.sahayaselvam.org</a> . Religious and academic contents. A Sunday religious reflection sent out to about 6000 recipients.
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## SELECT PAPER PRESENTATIONS AT INTERNATIONAL ACADEMIC CONFERENCES

**Note:** Numerous paper presentations at local colleges and universities are not included.

- 28 Jan 2020 "Religious antecedents of secularisation, and secularist consequents on religion," Invited Paper. Inter-College Philosophy Seminar. **Arusha, Tanzania.**
- 25-29 Nov 2019 "Affective Maturity: Psychological & Anthropological Perspective," Keynote lecture followed by a full day interaction with the international audience. Seminar on Accompaniment and Affectivity. **Rome, Italy.**
- 11 Oct 2019 "Character Development in Early Childhood," Key-note Address. 18<sup>th</sup> International Scientific Meeting. Association for Research in Infant & Child Development. Royal Society of Medicine. **London, UK.**
- 27 June - 4 July 2019 "Wellbeing, Religion, Character Strengths," with Prof. Tumi Khumalo (University of the Free State, South Africa) delivering lectures and working out networking with [Anugraha College](#), Dindigal; [Christ University](#), Bangalore; [Women's Christian College](#), Chennai; and [Don Bosco Psychological Services](#), Chennai, **India.**
- 25-28 May 2019 "Psychospiritual Dimensions of Pastoral Ministry". Workshop to the priests of Zomba Catholic Diocese, **Malawi.**
- 24-25 Oct 2018 "Character Grooming of Youth". An invited presentation at the Africa Regional Symposium on Character Development. Co-sponsored by The Templeton World Charity Foundation and The Institute of Human Development - Aga Khan University. Held at Safari Park Hotel, **Nairobi.**
- 22-24 Aug 2018 "Systematic Literature Review: A Means to Promoting Effective Use of E-Resources in Higher Learning Institutions of Kenya" (Co-authored with Stanislaus Agava), 2<sup>nd</sup> International Conference on information and knowledge management. Technical University of Kenya, **Nairobi.**
- 8-10 Aug 2018 "The outcome of trainings of the staff of statutory children institutions in Kenya," A paper presentation at the 1<sup>st</sup> International Conference on Child Protection in Africa. Daystar University, **Nairobi.**
- 25 July 2018 "Pastoral Psychology: A scientific framework for pastoral care," Seminar Presentation. Margaret Beaufort Institute, **Cambridge, UK.**
- 4-7 Apr 2018 "Character Strengths in the African Context: Attempts at Conceptualisation, Operationalisation, and Interventions," A Keynote Address at the 1st Africa Positive Psychology Conference. North-West University, **Potchefstroom, South Africa.**
- 8-13 Mar 2018 "Becoming Disciples-Transforming the World: Bible Study on Mt 5:1-16," Conference on World Mission and Evangelism-World Council of Churches, **Arusha, Tanzania.**
- 8-13 Sep 2017 "Conceptualisation of 'Youth': Pastoral Implication for Africa". Symposium toward the Synod for Youth – 2018. Tangaza University College, **Nairobi.**
- 11-16 Aug 2016 "Psychological trajectories of religious conversion: Towards a comprehensive model through a Systematic Literature Review," 14<sup>th</sup> Assembly of the International Association for Mission Studies, **Seoul, South Korea.**



- 13-16 July 2015 “Exploring the dynamics of post-traumatic growth: A psychological reading of a text from Christian Scripture,” 8<sup>th</sup> Annual Pan-African PCAF Psycho-trauma Conference, **Nairobi**.
- 18-20 May 2015 “Psychology of the Family” – A conference on the pastoral care of the family. Hekima College, **Nairobi**.
- 9 March 2015 “Youth in Africa and Europe: Challenges and Opportunities”. A Tele(video)conference between Institute of Youth Studies, Tangaza University College, Nairobi, and Institute of Family Studies, University of Lublin, **Poland**.
- 18-20 July 2013 “Meditation and the Good Life: Exploring the Experience of Contemplative Practice among Young Adults in Nairobi”. 1<sup>st</sup> Riara Conference on Transformative Education, Riara University Campus, **Nairobi**.
- 26-29 June 2012 “Character strengths as mediators in a Christian mindfulness based intervention for recovery from addictive behaviour: an exploratory case-study.” *6<sup>th</sup> European Conference on Positive Psychology*, **Moscow**, Russia.
- 15 Dec 2011 “Positive psychology as a viable theoretical framework for the psychological study of religion”. *Religion & Society: Teaching and Studying Religion: choices and challenges*. Sociology of Religion Group - Study Day. **London**, UK.
- 23-26 June 2010 “The ubiquity of core-virtues of positive psychology in African Traditional Religions.” *5<sup>th</sup> European Conference on Positive Psychology*, **Copenhagen**, Denmark.
- 19 May 2010 “Transcendence as a core-virtue in Positive Psychology,” Post-graduate Symposium, Heythrop College, University of London, **London**, UK.
- 29/30 March 2010 “Qualitative thematic analysis in psychology of Religion,” *Innovative Methods in the Study of Religion (AHRC/ESRC Religion & Society Programme)*, **London**, UK.
- 11 January 2006 “Capabilities Approach to Youth Rights – theological considerations,” Tanzanian Theological Colloquium, Makumira – Tumaini University, **Arusha**, Tanzania.
- 12 Nov. 2004 “Walking with the Young: Theology of Youth Ministry,” Tanzanian Theological Colloquium, Lyamungo, **Moshi**, Tanzania.
- 17 Sep 2004 “Crisis of Pedagogical Values in Mainstream Media: A Way Forward with Alternative Media,” Meeting of Christian Media Professionals, **Nairobi**, Kenya.
- 24 – 25, April 2003 “The Future Now: Tanzania & its Young People – Towards Holistic Growth”, *Inaugural Biennial Tanzania Developmental Forum*, Tanzania Ministry of Planning and Privatisation. Golden Tulip Hotel, **Dar Es Salaam**, Tanzania.

### **POST-GRADUATE SUPERVISIONS**

Supervised and graduated over 30 MA graduates and 5 PhD graduates. Complete List available in Appendix.

### **RESEARCH, CONSULTANCIES, & FELLOWSHIPS (SINCE 2013)**

- Feb to May 2021 Organisational Development Specialist to the Inter-Congregational Child Safeguarding Group-Kenya (ICSG). Funded by Miseen Cara.
- Oct to Dec 2020 Research on “Preparedness of Kenyan Universities for online teaching and learning amidst COVID-19. With Stan Agava and Dr Judith Pete. Funded by Tangaza University College.

May – July 2018	<i>The Margaret Beaufort Institute of Theology Silver Jubilee Fellowship</i> , Cambridge Theological Federation, UK. Worked on a book project: Pastoral Psychology: Insights for Christian Ministry in Africa. <a href="https://www.mbit.cam.ac.uk/research/">https://www.mbit.cam.ac.uk/research/</a>
July 2017	Research Consultancy for HAART Kenya: “Displacement, drought, and vulnerability to human trafficking.”
May 2017 to April 2020	Collaborative work with Prof. Tumi Khumalo on “Measuring and exploring the contextual manifestation of well-being: An African multi-country study” Optentia Research Focus Area (Vaal-Triangle Campus, North West University South Africa) – Validation of a battery of 11 measures of Wellbeing in Swahili.
May 2016 to May 2017	Development of manual & providing training on Educational Competencies for the staff of Eight Governmental Statutory Institutions for children in and around Nairobi. Commissioned by Fondazione dell’Albero della Vita (FADV) in Collaboration with University of Padua.
April 2015 to 2016	Principal Investigator, “Towards a List of Character Strengths for Africa: A Delphi Process” – Funded by Tangaza University College, Nairobi.
May 2016	Development of manual & providing training on “Learning to Live Together: Training for university students in Kenya towards promotion of peace”. Commissioned by The Universities and Colleges Students’ Peace Association of Kenya (UCSPAK). Funded by National Steering Committee on Peace Building and Conflict Management (NSC) – Government of Kenya, through Coffey International.
June 2015 to Feb 2016	Providing Psycho-Education Training for the staff of Kenya Governmental Statutory Institutions for children (in conflict with law and needing care and protection). Commissioned by CEFA, Nairobi. 199 staff were trained in 60 hours.
Feb 2015 to Jan 2016	Needs assessment and development of training manual on Psycho-Education Training for the staff of Kenya Governmental Statutory Institutions for children (in conflict with law and needing care and protection). Commissioned by Fondazione dell’Albero della Vita (FADV) in Collaboration with University of Padua.
Sept 2014 to April 2015	Script writing for 10 thirty-minute radio programmes on youth themes for Fondazione Arche’. P.O.Box 115, Kisii, Kenya.
Aug 2014 to April 2015	Local Coordinator, “The Research on Open Educational Resources for Development.” The program sought to understand the adoption and impact of Open Educational Resources (OER) across the Global South, in South America, Sub-Saharan Africa and South East Asia. Funded by the International Development Research Centre (IDRC) in Canada.
January 2014	Arbitration and drafting of MOU between Einewelt-Pamoja Organisation (Germany) and Pamoja Youth Organisation (Tanzania).
November 2013 to June 2014	Organisational Capacity Assessment, Shalom Centre for Conflict Resolution and Reconciliation (SCCRR), Nairobi.

## **LECTURE SUBJECTS**

Post-Graduate Academic Skills (MA); Introduction to Scientific Enquiry and Research (PhD); Qualitative Method of Research (PhD, MA, BA); Quantitative Methods of Research with Statistics & SPSS (PhD, MA, BA); Introduction to Psychology (BA); Positive Psychology (MA & BA); Character Strengths; Psychology of Religion Spirituality (MA); Religion, Culture and Mental Health (MA); Information Literacy; Graduate Academic Skills.

## **AREAS OF SPECIALIZATION & CURRENT RESEARCH INTERESTS**

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Research Methodology; Positive Psychology; Character Strengths; Psychology of Religion and Spirituality (Div. 36 of APA); Psycho-Spiritual Therapy; Spiritual Accompaniment in the Ignatian Tradition; Scientific Study of Religion; Youth and Religion in Africa.

## **ACTED AS REVIEWER FOR THE FOLLOWING INTERNATIONAL JOURNALS**

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1. *International Journal of Human Rights* (Taylor & Francis)
2. *Journal of Psychology in Africa* (Taylor & Francis)
3. *Journal of Psychology and Theology* (Taylor & Francis)
4. *Journal of Happiness Studies* (Springer)
5. *Religion, Culture, Mental Health* (Taylor & Francis)
6. *Epidemiology and Psychiatric Sciences* (Cambridge University Press)
7. *Archive for Psychology of Religion* (Sage).

## **ACTED AS EXTERNAL EXAMINER IN THE FOLLOWING UNIVERSITIES**

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1. Catholic University of Eastern Africa, Nairobi (PhD candidates)
2. *Institut Français de Recherche en Afrique -IFRA*, Nairobi (Discussant, PhD presentations)
3. Institute of Women Studies, University of Nairobi, Kenya (Panelist, PhD seminar)
4. African International University, Kenya (Examiner, MA candidates)
5. Mount Kenya University, Kenya (External Panelist, PhD proposal presentations)
6. University of Madras, Chennai, India (External Examiner, PhD candidate)
7. University of Philippians, Laguna (Panelist, PhD Viva Voce)
8. North-West University, Potchefstroom, South Africa (Examiner, MA candidate)
9. Open Universiteit, Heerlen, The Neatherlands (Examiner, PhD Candidate)
10. Bharathiar University, Coimbatore, India (External Examiner, PhD Candidate)

## **MEMBERSHIP IN ASSOCIATIONS**

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Feb 2020 to date	Founding Chair, Positive Psychology Association of Kenya (PPAK002)
Sept 2018 to date	Member, Christian and Scientific Association of Kenya
Sept 2015 to date	Member, International Association for Mission Studies
Sept 2014 to date	Accredited Psychologist Supervisor, Kenya Counselling and Psychological Association (Certificate of Accreditation: KCPA/3008/14).
Jan 2013 to date	Member, Kenya Psychology Association (KPA), Kenya.
Sept 2015 to 2016	Member, Australian Counselling Psychology Association.
Jan 2010 to 2012	Student Member, American Psychological Association - APA (ID. J622126) Div 36: Psychology of Religion; Div. 50: Addictions
Jan 2010 to 2012	Society for the Study of Addiction – SSA (no.872), UK.
Aug 2002 to 2008	Tanzanian Theological Colloquium
June 1990 – May 1993	Association of Christian Philosophers of India.

## **REFEREES**

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E-Mail: [jnmugambi@gmail.com](mailto:jnmugambi@gmail.com)

**APPENDIX**  
**Postgraduate Supervisions**

<b>S. No</b>	<b>Degree</b>	<b>Student Name</b>	<b>Title of Work</b>	<b>Completion Date</b>
9.	PhD Social Transformation – Tangaza	Breshnev H. Otieno	Exploring experiences, attitudes, and perceptions towards women with disabilities’ maternal healthcare access in Kenya: A mixed methods study in Kibera Slums, Nairobi	ongoing
8.	PhD Social Transformation – Tangaza	Luciana Njeri	Implementation of Competency-Based Curriculum in Kenya: Assessing its possible contribution to the Social Transformation.	ongoing
7.	PhD Social Transformation – Tangaza	Abraham Hailu	The Role of Muslim-Christian Dialogue in Sustainable Development Mediated by Security and Sustainable Peace in Oromia, Ethiopia	ongoing
6.	PhD Counselling Psychology CUEA	Pius Muasa	Burnout, Psychology Wellbeing, and Religious Motivation among Catholic Clergy in Lodwar Diocese, Kenya.	15-09-2021
5.	PhD Social Transformation – Tangaza University	Stefano Giudici	Exploration of the Relationship between Social Critical Consciousness and Transformative Pastoral Action in International Missionary Congregations: A Case Study of the Comboni Family in Kenya.	15-04-2021
4.	PhD Social Transformation – Tangaza University	John Bosco Kiingiti	Association Between Widowhood and Identity Loss: A Focus on Ngong Sub County	15-03-2019
3.	PhD Faculty of Information and Communication Studies – University of Philippians, Laguna	Anne Gachiri	Use of Social Media among Women in Medium and Small Scale Enterprises in Kenya	12-02-2018
2.	PhD Psychology – University of Nairobi	Josephine Muthami	Examining the Reduction of Post-Traumatic Stress Disorder (PTSD) by means of Cognitive-Behavioural Therapy (CBT) among Women affected by Domestic Violence	01-12-2017
1.	Local Coordinator for PhD data collection, Centre for Theology and Religious Studies, Lund University, Sweden	Martina Prosen	Praise and Worship in Nairobi Charismatic Churches: A Window into their Theology	12-05-2016
34.	IYS-MA in Counselling Psychology	Beatrice Churu	Character- strength based intervention among emerging adults	Ongoing
33.	IYS-MA in Counselling Psychology	Naukot Raphael	The youth perception on the influence of religion and culture in decision making in Samburu County.	Ongoing
32.	IYS-Med in Guidance & Counselling	Dekin Welde	The association Between Big-Five Personality Aspects and Character Strengths among Tangaza University college Students.	15-09.2021
31.	IYS-MA in Counselling Psychology	Jerome N’sanda	Level of resilience among children and youths affected by war in Eastern part of the Democratic Republic of Congo.	25/03/2019
30.	IYS-MA in Counselling Psychology	Joyce Wanjiru Kiige	Association between psychology of hospitality and the psychosocial well-being of African young adults in Nairobi.	28/02/2019
29.	IYS-MA in Counselling Psychology	Moniz Carmen	Training manual for parents towards a holistic development of infants aged 0 to 2 years in Kenya.	29/11/2018
28.	IYS-MA in Counselling Psychology	Kaivu Winfred	Association between religiosity and psychological wellbeing mediated by religious commitment among members of Catholic religious orders in Nairobi county	07/09/2018
27.	IYS-MA in Counselling	Gertrude	Training manual for parents: Towards school	21/06/2018

	Psychology	Morangi	retention and psychosocial wellbeing of children in Kenya.	
26.	IYS-MA in Counselling Psychology	Mary Mbuthia	The influence of religiosity on marital satisfaction among couples in Ongata Rongai	20/03/2017
25.	IYS-MA in Counselling Psychology	Esther Magaji	Premarital training: A manual on preparation towards marriage	20/03/2017
24.	IYS-MA in Counselling Psychology	Sarah O'Kubasu	Predictive and Protective Factors of Child Sex Abuse: A Qualitative Study of Youth among three Schools in Nairobi	20/03/2017
23.	IYS-MA in Counselling Psychology	Marlyn Atimango	The effectiveness of gratitude intervention for improving the general health of married women in Karen Area	25/02/2017
22.	IYS-MA in Counselling Psychology	Teresa Nduku	Association between Attitudes of Women towards Menopause and Menopause Specific Quality of Life	13/09/2016
21.	IYS-MA in Counselling Psychology	Francis Jumbe	Kolberg's Model of Moral Development: A Comparative Study among Adolescents and Emerging Adults from Malawi with their Peers DRC, Nigeria, & Kenya	10/08/2016
20.	IYS-MA in Counselling Psychology	Francis Obaweiki	Kolberg's Model of Moral Development: A Comparative Study among Adolescents and Emerging Adults from Nigeria with their Peers DRC, Malawi, & Kenya	10/08/2016
19.	IYS-MA in Counselling Psychology	Jacques Monsengo	Kolberg's Model of Moral Development: A Comparative Study among Adolescents and Emerging Adults from DRC with their Peers Malawi, Nigeria, & Kenya	10/08/2016
18.	ISMM-MA in Social Transformation	Bashir Haji	Religious Radicalisation among youth in Mombasa.	10/07/2016
17.	IYS-MA in Counselling Psychology	Mary Muriithi	Phenomenological study of the influence of religious faith on marital satisfaction.	05/04/2016
16.	IYS-MA in Counselling Psychology	Andrew Wanjohi	An exploration of psychological well being of members discontinued from religious orders.	05/04/2016
15.	IYS-MA in Counselling Psychology	Joram Kamau	Psychological Experiences of people with albinism	05/04/2016
14.	ISMM-MA in Social Transformation	Elizabeth Ndirangu	Determinants of alcoholism among professionals: A case-study of Kahawa West	01/04/2016
13.	Local Coordinator for MA data collection, Centre for Theology and Religious Studies, Lund University, Sweden	Sanna Erickson	The Spirituality of Nairobi Street Children	23/09/2015
12.	IYS-MA in Counselling Psychology	Jane Wanjiru Ng'anga	Factors contributing to violent behavior among students in secondary school and measures taken by Guidance and Counselling.	22/09/2015
11.	IYS-MA in Counselling Psychology	Jude Jasu	The impact of resilience on psychological well-being and health behavior of the youth living with HIV/Aids	05/05/2015
10.	IYS-MA in Counselling Psychology	Otieno Vitalis	The role of religiosity in psychological and social wellbeing of youth mediated through altruism	05/05/2015
9.	IYS-MA in Counselling Psychology	Kanduta Joseph	The role of passion towards sports in psychological wellbeing of youth	17/082015
8.	IYS-MA in Counselling Psychology	Dominic Kamau	The role of forgiveness and purposefulness on the psychological wellbeing of the youth survivors of Domestic conflicts	25/07/2015

7.	IYS-MA in Counselling Psychology	Fredrick Kamande	Positive affective state as the mediator in marital communication and psychological wellbeing. A mixed study in positive psychology among married individuals in Nairobi Central Deanery.	05/05/2015
6.	IYS-MA in Counselling Psychology	Kamomoe Peter	The effects of Christian religiosity/values on marital satisfaction among married Christian individuals in Nairobi City	05/05/2015
5.	ISMM-MA in Social Ministry	Venancio Echevarria Portell	Empowering youth through vocational education and managerial skills for self-employment: the study of young people's cooperative ventures in the urban areas of Nairobi as a means for transformative development	18 Feb 2015
4.	SOT-MA- Pastoral Ministry	Rose Macharia	Pastoral Ministry in Conscience Formation of Youth: A Case Study of St Joseph the Worker Parish, Nairobi.	31 Jan 2015
3.	IYS-MEd Guidance & Counselling	Margaret Makena	Influence of parental style on drug abuse among youth in Nairobi	3 June 2014
2.	ISMM-MA in Social Ministry	Yata Blawo Christophe	The obstacles of youth groups participation in development building at the constituency level: Case of Youth Groups in Kibra Constituency	20 May 2014
1.	SOT-MA- Theology in Mission	Johnson Mariapragasam	Towards a contemplative-prophetic model of youth ministry in Nairobi: An empirical assessment and a proposal	26 May 2014